



ARROYO VISTA CHARTER SCHOOL
A CALIFORNIA DISTINGUISHED SCHOOL

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THE COYOTE CONNECTION

PTA NEWSLETTER VOL XI, ISSUE 3 MARCH 2009
CHULA VISTA COUNCIL PTA NINTH DISTRICT, INC. CCPTS

A MESSAGE FROM OUR PRINCIPAL

We are in the midst of student-led conferences, which means we are nearing the end of our third quarter. It's unbelievable that we are three quarters of the way through the school year! I'd like to share with you a few of the learning-oriented activities and events of the third quarter.

In February, our first graders had their Valentine's Tea and demonstrated their abilities to talk about what they'd learned as they shared respectful conversations and delicious food. Thanks to all of the first grade parents and teachers that made this event possible and memorable.

Thanks to Mrs. Naiman for organizing our Literature Week that included assemblies with a local author, Janie Lancaster, book floats, authors' posters and guest readers, such as Officer Granados, our School Resource Officer. Ms. Hedekin read questions from a Dr. Seuss quiz on the broadcast each morning and gave the final answers at the end of the week. Rise and Read for parents and students was the culminating event on Friday morning. There were approximately 140 who attended, sharing special books and delicious breakfast treats. Thanks to Malena Ritter and Arleen Moran for organizing this wonderful opportunity for all of our families.

This quarter, two new programs were implemented at Arroyo Vista. The first, Imagine Learning, is a computer program that is designed to assist English Learners that are performing at the Beginning and the Early Intermediate levels on the California English (Continued on Page 2)



IMPORTANT DATES

- *Student-led conferences, March 13–20; early dismissal*
- *Last day to order yearbooks, March 20*
- *Spring Break, March 23—April 13*
- *Spring Photos, April 21*
- *Earth Day & Shop @ Henry's, April 22*
- *Crusin' to the Fifties Fair, May 1*
- *Chick-fil-A Fundraiser, May 13*
- *Ice Cream Social & Art Show, May 19*

A MESSAGE FROM OUR AVCPTA PRESIDENT

How time flies! Spring break is just around the corner! Thanks goes out to Malena Ritter and Arleen Moran, PTA Program Chairs for planning two terrific programs this quarter. A few days after the children returned from Winter break, the children watched a live performance of the San Diego Opera Ensemble who beautifully sang and acted out Rumpelstiltskin. Additionally, BINGO night was a huge success for our Arroyo Vista families as we sold close to 250 tickets for our Family Night! Excitement and anticipation filled the air as each BINGO number was called by Ms. Forte, Ms. Jancanz, Mrs. Kotas, Mrs. Kolaric, Mrs. Slike, Mrs. Summers, Mrs. Roth and Mrs. Wood. Who would be the next lucky BINGO winner? Delicious cookies and Starbuck's hot chocolate was served for the family social that followed. The PTA hopes to bring you another exciting BINGO game in the future!

(Continued on Page 3)

PRINCIPAL'S MESSAGE

Language Development Test. These students work on this program for a minimum of 20 minutes a day. Our students who attend Morning Masters begin their day using Imagine Learning and those who are not, use it in their classrooms. English Learners in schools in our district that have been using this program have shown significant gains in acquiring English. We are expecting similar results.

The second program, Success Maker, is also a computer program. This program is designed to support students who are not yet proficient in Reading or Math. Students work on this program 20 minutes a day. The program adjusts the questions to the level of the student's proficiency, so it can also be used by our students who are proficient or advanced. All of our second and third graders are being given the opportunity to work on Success Maker. It is an interactive program that is fun and supports learning.

On March 4th, Arroyo Vista opened its doors for kindergarten registration. It is always a delight to greet new families and to welcome siblings of some of our current and previous students. There was great interest in our Dual Immersion program and excitement from parents who learned that Arroyo Vista has all-day kindergarten. Our PTA provided treats to welcome parents and students. Thanks to our marvelous office staff, the day went exceptionally well. A giant thank you to Mrs. Ogilvie, our secretary, for

organizing the process to minimize the time that it took and for streamlining the paper work.

As you know, in November, Chula Vista elected Russell Coronado as a new member to the Board of Education. During that same election our former Board member, Bertha Lopez, was elected to the Sweetwater Board of Education. As a result, the Chula Vista Board appointed Doug Luffborough to fill her seat until the next election in two years. Both Mr. Coronado and Mr. Luffborough have visited Arroyo Vista and have indicated that they want to be involved with activities and events at our school.

Our fourth graders completed the writing portion of the California Standards Test on March 3rd. They were asked to write narratives describing what a day in the life of a Principal might be like. As you can imagine, I enjoyed reading their creative responses to the prompt!

Every quarter there is either an Emergency Drill, which could be a Disaster Drill, an Earthquake Drill or a Lock Down Drill to keep both students and staff alert and prepared should we ever need to deal with a crisis situation. This quarter it was a Lock Down and it was evident that teachers had worked with their students because everyone knew exactly what to do. Our School Resource Officer and other CVPD officers assisted us with our drill and provided meaningful feedback to keep everyone safe.

As you meet with your children during student-led conferences, please ask them questions about their reflections and their goals for fourth quarter. Teachers have provided students with a model for them to practice so that they will be able to articulate their reflections and their goals. I'm sure that you'll agree they have done an outstanding job and are truly in charge of their learning.

As always, thank you for your on-going cooperation and support and have a wonderful break with your children.

Fondly,

Pat Roth

*Don't let this one pass you
by...*

LAST DAY for Yearbooks
is March 20!!!

Order your **FIRST** all-color Arroyo Vista Charter Yearbook today, before it's too late! That's right! March 20th is the very last day to order...no exceptions. Remember all the good times you've had at Arroyo Vista this year? Don't let this great opportunity pass you by. Yearbooks are \$22. Check at the school office to place your order.



PRESIDENT'S MESSAGE

(CONTINUED FROM PAGE 1)

Currently, your PTA is planning the Spring Fair. I hope all of you will "save the date", Friday, May 1, for the *Cruisin' to the Fifties Fair*, 4:30 to 8:00pm, and join us for our biggest family event of the year. The committee is planning a tasty Pat and Oscar Spaghetti Dinner, dress-up contest, fun carnival games, Opportunity Drawing for a variety of corporate, retail and parent donations, South Bay Cruiser's Car Club will display their beautiful 1950's assortment of cars, and of course there will be plenty of yummy treats! Please be on the look out for sign up sheets if you can spare some time during the Spring Fair to work a game booth.

As many of you know, our fundraising directly supports our Curriculum Experts Program in Art, Music, and Physical Education. It is through this program that our students receive enrichment in art, music and physical education. These enrichment classes positively influence the quality of your child's educational experience. For this program to be successful, the PTA must raise \$36,000 each year. Your continued support is greatly appreciated as we approach our fourth and final quarter and strive to meet our goal for the 2008/2009 school year.

Finally, thank you for your nominations for the AVCPTA officers and committee chairs for next year. The Nominating Committee put together a slate of officers based on your nominations. The list of PTA committee chairs will be announced soon.

Have a wonderful Spring Break, start planning your favorite fifties outfit, and I look forward to seeing you at the *Cruisin' to the Fifties Fair* on Friday, May 1st!



Marjie Antoine
AVCPTA President

Save the Date! 9th Annual Day of the Child Community Fair April 25th, 11am—3pm



Come on down to Chula Vista Memorial Park!
(Corner of Third Ave. & Park Way in downtown Chula Vista)

The Chula Vista Community Collaborative is proud to present its 9th Annual Day of the Child Community fair. The event's mission is to provide a safe and healthy environment for young children by promoting family and community togetherness. Our theme and focus of this community event is "Children's Opportunities, Our Responsibilities." The event is free-of-charge and will include a multitude of fun events for children and their families, including: story time, face painting, games, activities, raffles, and much more. The event features entertainment from local schools in the South Bay area. The Day of the Child is an opportunity for community agencies to promote their free resources and services. Attendance at the event has ranged from 2000 to 5000 people. For more information please call Margarita Holguin at (619) 409-9412.





May 1st
4:30 PM to
8:00 PM

For all you '50's Fans out there (and we know who you are...), your ship has finally come in!!!! Break out your cat glasses, bobbie socks, saddle shoes and poodle skirts to join the Arroyo Vista PTA for their Annual Family Fun Fundraising Event!

Bring the entire family for a fun-filled evening of carnival games, spaghetti dinners, Opportunity Drawings and much more!

Buy your tickets prior to the evening of the Fair!!!!

- **April 16 thru April 24**– Buy spaghetti dinner tickets before and after school by the front gates. \$7 for an adult dinner and \$5 for a child's dinner. No dinner tickets will be available the evening of the fair, so get 'em while they last.
- **April 22 thru April 30**– Buy your carnival games and snack tickets (nachos, popcorn, sodas, candy, and dessert). Pre-purchased game and snack tickets: 5 for \$1; at the Fair: 4 for \$1. Pre-purchased Opportunity Drawing tickets: 12 for \$10.

But wait!!! There's more!!! It's not too late to volunteer for this exciting event! Contact Stacey_michels@att.net to get in on the fun! All we ask is a half-hour of your time—the rest of the evening is yours with your family. There's a job to suit everyone. Don't worry, you won't have to lead the limbo (unless you really want to)!

Thank you for supporting our fundraising efforts. Your support allows the AVCPTA to provide students with art, music, and physical education teachers.



***Earn money for Arroyo Vista Charter School
Shop Wednesday, April 22
from 8am to 9pm***

10% of all proceeds will be donated to Arroyo Vista Charter School PTA
when you present this flyer

Come and enjoy Henry's healthy lunchbox options of fresh produce, whole grain breads, nuts, dried fruits, organic snacks, yogurts and more. 10% of your purchase on all items, including your usual shopping items, purchased at Henry's on Wednesday, April 22 from 8AM to 9PM, will be donated to Arroyo Vista Charter School PTA.

Shop Henry's where food tastes good and is good for you!

**Henry's Market Eastlake
878 Eastlake Parkway
Chula Vista, CA 91914**

**HENRY'S SUPPORTS HEALTHY STUDENTS
AND HEALTHY SCHOOLS**



Express Yourself

The National PTA sponsored event to encourage the arts in our school and our community



Congratulations to Arroyo Vista's **Diego Villar** for his entry into this year's Reflections Art Program. Diego's contest entry was selected by the Chula Vista Council PTA as one of the outstanding art entries in the Council. He drew a picture of the Golden Gate Bridge, using oil pastels and baby oil, with colors similar to the Fauves from the 19th century in France. Diego's entry was inspired by his trip last year to the San Francisco Bay area, where he crossed the Golden Gate Bridge in a double-decker bus! His entry, along with the other outstanding entries at the Council level, will be honored at this month's District PTA meeting.

San Diego Civic Opera Visits Arroyo Vista

Most of us think the opera is well, the opera...But just ask your kids what they think now that the San Diego Civic Opera has visited their school! This past quarter, the AVCPTA helped sponsor a performance of *Rumpelstiltskin*, based on the well-known Grimm fairy tale. The Opera converted the Arroyo Vista Auditorium into a 3-dimensional set, complete with costumes and of course, terrific singing! This program was designed to enhance English, history, theatre arts, music, visual arts and language arts learning. In addition to that, it was terrific fun for all the students!

What advice would you give President Obama?

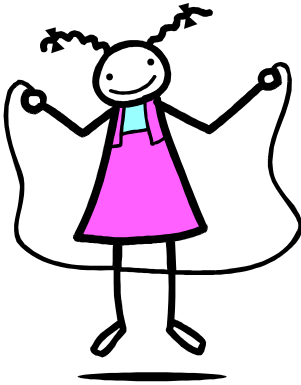


This was the question fourth, fifth and sixth graders throughout the Chula Vista Elementary School District were asked to answer for the District's annual speech contest. Congratulations to all of our Arroyo Vista outstanding speech contestants: Haley Antoine, Amanda Bule, Olivia Miller, Jessica Hoshina, and Emma Antoine, Maya Gonzales, and Hannah Henderson.

Double congratulations to the speech contestants who represented our school for their grade level at the Chula Vista Elementary School District: Amanda Bule - 6th Grade; Jessica Hoshina - 5th Grade; and Emma Antoine - 4th Grade!

And, triple congratulations to Emma Antoine, who was one of six to compete in the final round of the speech contest on Monday, February 23, 2009. As a finalist, she received a rosette ribbon, and a savings bond from Bank of America! Her advice to the President? Well, that's a complicated question these days. You'll just have to ask Emma the next time you see her!

Heart Health



Last month, your child participated in the annual “Jump Rope for Heart” sponsored by the American Heart Association. Jump Rope for Heart is an educational and fundraising event, not to mention, a lot of fun for your child! This year, Jump Rope for Heart celebrated its 30th Anniversary. Since 1978, Jump Rope for Heart has raised over \$703 million for the fight against heart disease and stroke. Why Jump Rope for Heart?

Heart Disease is the leading cause of death for both women and men in the United States. Doctors and researchers provide hope that we can control this disease. But when it comes to heart disease, very often our health is in our own hands. Prevention and education can save lives. To reduce our risk for heart disease, we must exercise, eat a healthy diet and get preventive screenings.

- A number studies have demonstrated that increased physical activity is linked to better school performance.
- The American Heart Association advocates for P.E. and Health Education to be on the list of core subjects.
- Overweight adolescents have at least a 70 percent chance of becoming overweight adults.
- More than 9 million children are overweight and 23 percent get no exercise.
- Some experts predict that for the first time in history, because of inactivity and obesity-related illnesses, children’s life spans will be shorter than their parents.

So, get active and stay active...not only during special events like Jump Rope for Heart, but all year long! Find fun things to do as a family for exercise. Like jumping rope, it’s fun when you do it over and over again!

On a related subject, keep your mouth healthy...not only is it great for your smile, but studies have shown a connection between oral health and heart health. California State Department of Health urges parents and other caregivers to teach their children the oral care skills that will protect their teeth and gums for the rest of their lives.

Here are some useful tips for parents:



- Brush twice a day and after eating sticky or sweet foods
- Use toothpaste that contains fluoride
- Don’t forget to floss your teeth. Flossing is just as important as brushing your teeth.
- Change your toothbrush every three to six months and always after you are sick.

- Eat healthy meals and limit in-between snacks.
- Visit your dentist at least once a year for an annual cleaning and check-up.

Here’s to your good health and the health of your family!

—Maria Kelchner, R.N.
AVCPTA Health Education Chair

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"TOGETHER EVERYONE ACHIEVES MORE"

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PTA PRESIDENT: MARJIE ANTOINE
EDITOR: CHERYL MERCER

Suggestions for the Arroyo Vista Charter PTA? Stop by the school office and leave a note in the PTA mailbox. We'd like to hear from you!



PTA National Headquarters

www.pta.org
800.307.4PTA
email: info@pta.org

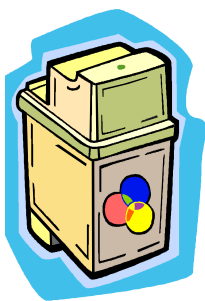
California State PTA

www.capta.org
916.440.1986
email: info@capta.org

Ninth District PTA

www.ninthdistrictpta.org
858.268.8077
email: phoebe@sdcoe.net

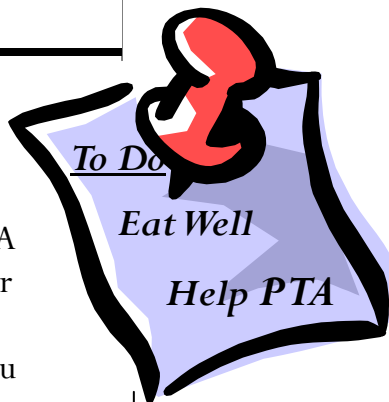
To receive e-mails about school events and activities, sign up for listserv at www.arroyovistacharter.org



Don't throw away that empty printer cartridge!

Bring it to the school office!

To date, AVCPTA has recycled over 100 printer cartridges. Have you brought **yours** to the school office yet???



April 22—Shop at Henry's Marketplace and earn 10% for AVCPTA all day long!!! (Remember to bring the flyer on Page 5).

May 13th, 5-8pm—Eat at Chick-Fil-A and they will donate a share of the proceeds. (Psst...Students, some of your favorite staff members may be there to fill your drink orders—come find out who!)

May 19th—Join us for an Ice Cream Social & Art Show. View students' outstanding works of art in the auditorium!

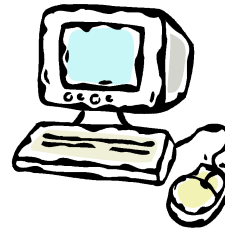


Keep Clipping!

Your child can win prizes by clipping the specially marked 10¢ Box Top Coupon off hundreds of your favorite products! Bring them to our next Box Top Store! Proceeds go to support AVCPTA programs. To-date, our box-top stores have raised over \$800 this school year! Keep clipping...every little bit counts!

Check It Out!

The Arroyo Vista PTA website is up and running and filled with valuable PTA news. Don't miss out...check the PTA website often for calendar updates/changes, events coming to our school, fundraising information, news on classroom/contest party winners, and more. The website is updated frequently to keep you informed of the latest PTA information.



ArroyoVistaCharterPTA.org

Add it to your list of favorites and check it out today...you'll be glad you did!